This fall has been a busy time at Canterbury, as we had the pleasure of serving many wonderful groups, including: Orlando Baptist Women's Group, Evangelicals for Social Action, Primera Iglesias Youth, Cursillo, Evangelical Presbyterian Church, Stetson University, and the annual Clergy Conference for the Diocese of Central Florida.

And who could forget our annual Canterbury Dinner, where guests were greeted by valet parkers and the soft sounds of The Seminole State Jazz Raiders. Libations and delightful hors d’oeuvres were served on the terrace overlooking beautiful Lake Gem. There were also tours available showing off the first of the newly renovated guest rooms. A delicious plated sit-down dinner ensued with pistachio encrusted cod and fall off the bone short ribs, which was followed by a decadent molten lemon lava cake for dessert. The evening would not have been complete, had it not been for the generosity of our friends at ABC Fine Wine & Spirits who contributed the wine.
It has pleased me and our wonderful staff to no end, to learn how surprised and happy our guests have been with the many changes at Canterbury; from the food, to service, and the facilities. The renovations range from a new parking area near the guest rooms, to landscaping. We have started work in the guest rooms, many of which have new flooring, door locks, air conditioners, resurfaced bathtubs and we replaced the hot water system. In the Bishop Folwell Center we’ve begun work as well, by replacing the vanities in the restrooms and installing new railings and lights on the terrace. Palate Coffee Brewery is a new addition, serving delightful beverages in the lounge Tuesday through Saturday mornings; but more importantly, Palate supports the fight against human trafficking.

The next phase calls for completing the work in the remaining guest rooms, renovating the dining room and all the meetings rooms, including replacing the air conditioning, all the doors and windows, and upgrading the kitchen.

Starting in January, our room rates have been simplified to be “American Plan” where all meals are included. On Sundays there will be a continental breakfast for the early risers, followed by a fabulous Brunch at 11:00 a.m.

For reservations and rate information please call 407-365-5571. It is an exciting time at Canterbury, and we look forward to your next visit when you can experience the changes firsthand and see what else we have planned. From our Canterbury family to yours, we wish you the many Blessings of Christmas and a Happy, Healthy New Year.

Chalmers Morse
Start Christmas week at Canterbury with a Festive Christmas Brunch!

Sunday Christmas Brunch
Sunday, December 22, 2019
Serving 11:00 a.m. until 2:00 p.m.

Reservations:
(407) 365-5571

$20 per adult / $5 per child (ages 5-14) / under 4 are free

Menu
Christmas Stollen ~ Glazed Cranberry Scones
~
Smoked Salmon
Served with Mini Bagels & Cream Cheese
  Tomato, Onion and Capers
~
Fresh Cut Assorted Fruit
Assorted Quiches ~ Omelet & Egg Station
  Applewood Smoked Bacon
~
Fresh Assorted Seasonal Salads
~
Carving Station with Roast Turkey and Ham
  Herbed Stuffing
  Gravy
  Sweet Potatoes with Marshmallow Topping
  Broccoli with Hollandaise Sauce
~
Christmas Tiramisu Trifle ~ Pumpkin Cheesecake
  Yule Log ~ Christmas Cookies

Kids Menu
Mini Blueberry Pancakes ~ Chicken Tenders with Mac n’ Cheese
From the Canterbury Kitchen:

Chef Michael's Pumpkin Cranberry Bread

Ingredients:
All Purpose Flour – 22.5 oz
Pumpkin Pie Spice – 2 Tb
Baking Soda – 2 tsp
Salt – 1 ½ tsp

Granulated Sugar – 22.5 oz
Pumpkin Puree – 17 oz
Whole Eggs – 4
Vegetable Oil – 7.5 oz
Orange Juice – 4 oz
Dried Cranberries (optional) – 6 oz

Procedure:
Sift flour, pumpkin spice, baking soda and salt in a large bowl. Combine sugar, pumpkin puree, eggs, oil and juice in a large mixer bowl; beat until blended. Add pumpkin mixture to flour mixture; stir just until moistened. Fold in Cranberries.

Divide between 7 greased #1 aluminum loaf pans.

Bake at 350 F for approximately 45 minutes.
Introducing Arnold Soliman

It is with great pleasure that we introduce our new Director of Sales & Marketing Arnold Soliman, which is a new position at Canterbury. Arnold is a seasoned hotel veteran, with both general management and hotel sales experience. Arnold will be heading up our sales team and has a vision in forming new relationships and strengthening our current partnerships.

Already we are seeing a renewed interest in Canterbury with the campus improvements, and groups are lobbying for dates next year and for 2021 as well. Please be sure to contact Arnold to book your conference or meeting. Arnold may be reached by calling (407) 542-5929.

From the Chaplain’s Desk - The Reverend Tom Phillips

As we head into the Thanksgiving holiday, I would like to take a moment to encourage us all to exercise the spiritual discipline of thankfulness. Sometimes, often times, thankfulness is a discipline, and it’s quite frankly helpful to think about it in those terms. Thankfulness is a choice we make to turn our hearts away from the continual stream of grown up concerns, struggles, undone lists, and unmet expectations, and choose instead to return thanks for even a single praiseworthy thing in our lives.
Listen to Paul's encouragement to the Philippians. "If there is anything worthy of praise, think about these things (Philippians 4:8)." That's the discipline of thankfulness, plain as day. These words carry new weight when we consider that they come from the pen of a prisoner in Rome. Even in a very literally dark place, Paul can find something to rejoice about, and so can we. For those who choose this discipline, the promise of the peace of God's presence awaits.

"Keep on doing these things that you have learned and received and heard and seen in me, and the God of peace will be with you." (Philippians 4:9)

I want to take a moment to impress upon us (myself included) the incredible invitation we have been given from God to pray.

Prayer is an invitation to realize the power of God in our lives. It's an invitation to go beyond ourselves and tap into a power source that far exceeds our best efforts, and wisest plans. This quarter I want to encourage you to take the Holy Spirit up on the help that is offered through prayer. In the Church of the Incarnation student ministry we're teaching our students to PRAY: Praise, Repent, Ask and Yield (listen). We're now two weeks into a daily rhythm of it together, and I'm benefiting as much as anyone.

I invite you to join me and our Incarnation Youth and take several minutes each day to incorporate these elements of prayer into your daily rhythm of life. (Luke 11:1-13).

Father Tom